Sashiko Sampler

an original Needlepoint project from Blue Dogwood Designs

July 2014

July - 2 shells for this month.

You can start this project with this instruction and monthly stitchguide free to download.

If you would like the canvas marked and ready to go, order here: https://bluedogwooddesigns.com/featured_item/sashiko/

I am using Zweigart Vintage Blue 18 count canvas, which has a washed overdye look. Some of the canvas will show as the design continues.

Finished size is 8.25 in x 7.5 in on 18 count.

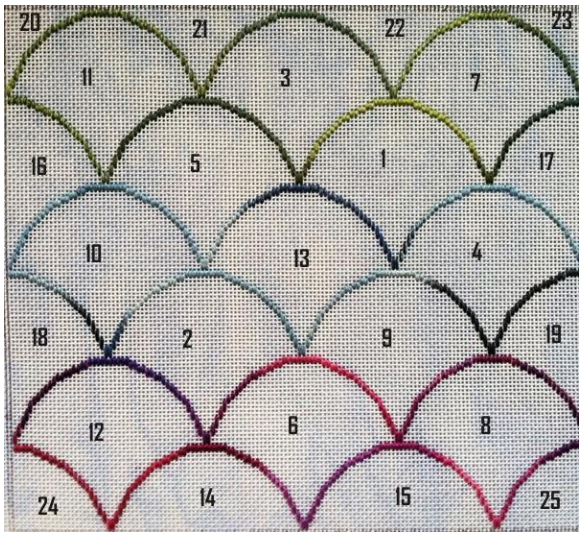
Fibers are from Valdani - they have 6 ply silk and 3 ply cotton, sold in small balls. Check your local needlepoint store.

Have fun with this stitchguide or modify on your own.

This project will unfold over the next 12 months. The shell design is inspired by a traditional Sashiko pattern. The shells will be filled with designs inspired by blackwork, open work and lacey backgrounds. A sampler to try different patterns in tiny bits.

You can use your own canvas and stitch the outline from January 2014 Stitchguide.

Here is the order of the shells.



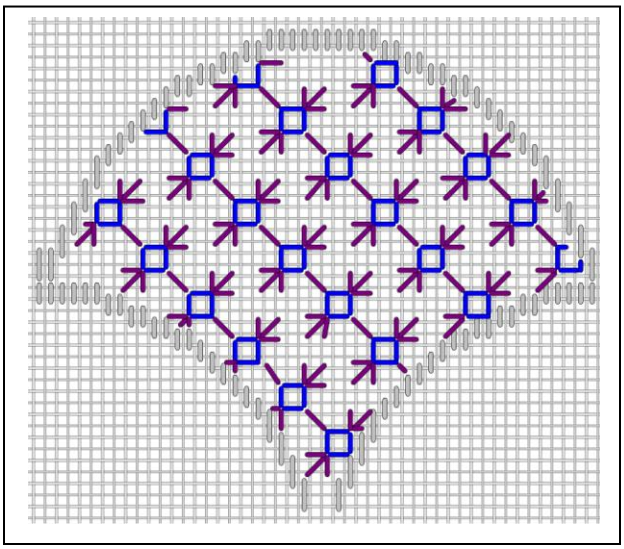
Step by step - where to start

Threads needed:

Shell 11
O526 6 ply silk
JP9 silk

Shell 12
V60 3 ply cotton
V16 3 ply cotton

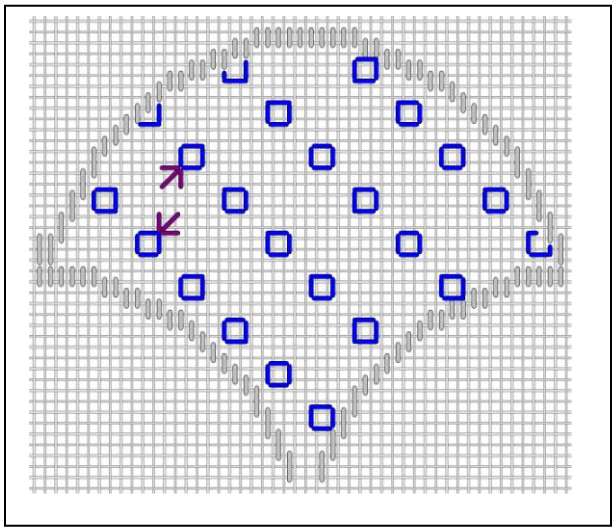
Shell #11

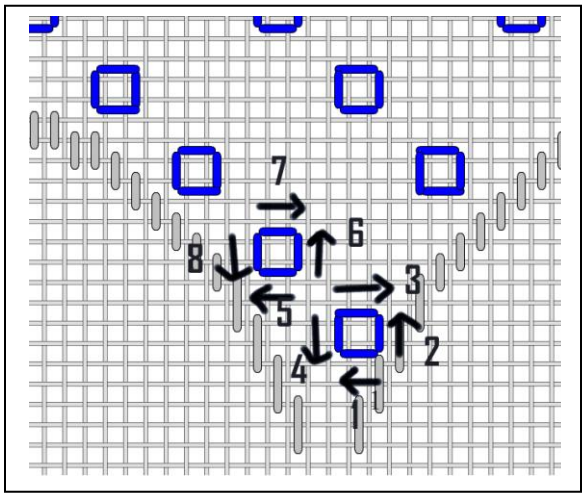


Blue - 4 of the 6 ply O526 silk
Step 1 diagram: Start at the point of the shell with blue boxes working them in diagonal line towards upper left. When working the second diagonal line of boxes, note the distance between them marked by the dark purple "turkey tracks".

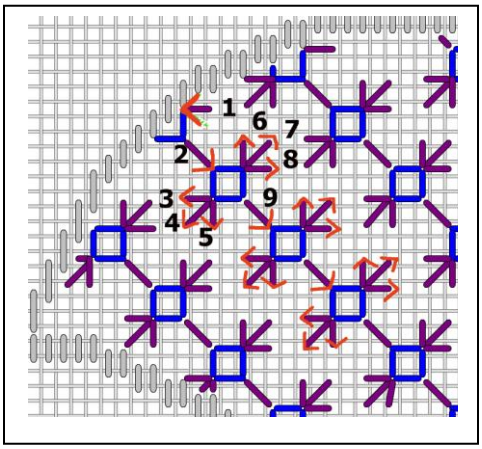
Dark purple - JP9 silk - 4 of 6 ply
Step 2: Pick the second line of boxes to start stitching the turkey tracks - less compensation than on the first line.

Step 1

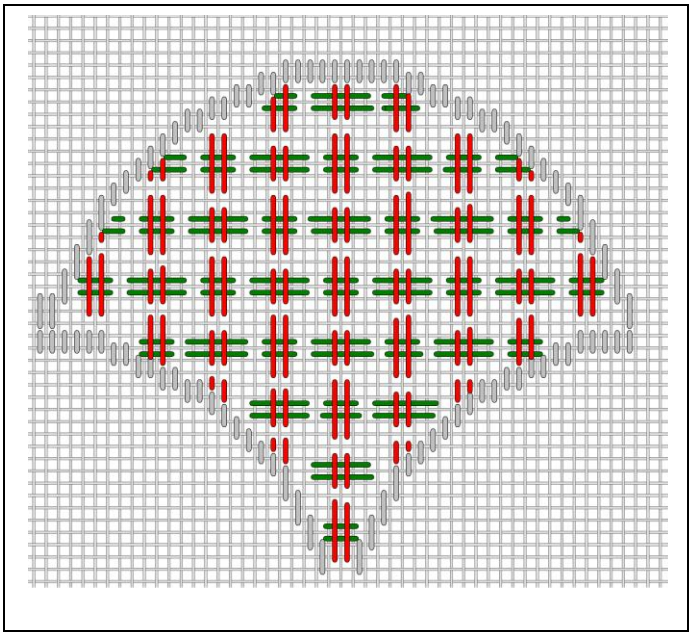




Step 2



Shell #12



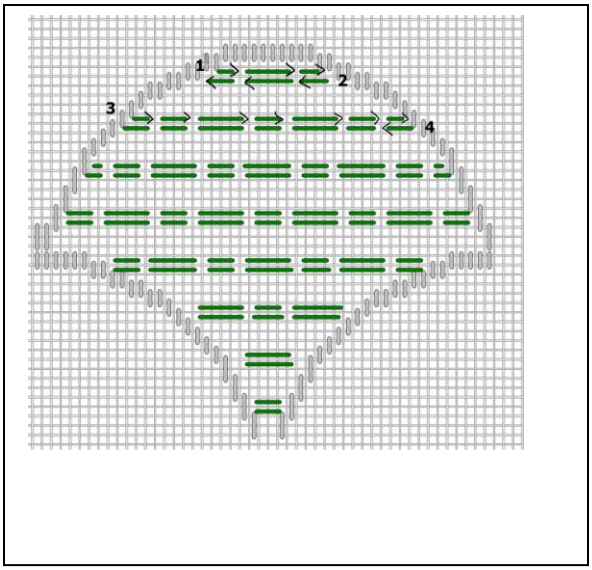
Green: V60 3 ply cotton

This is a running darning type of stitch. Start at the top and follow arrows for row 1, then back across for row 2, row 3, row 4, etc.

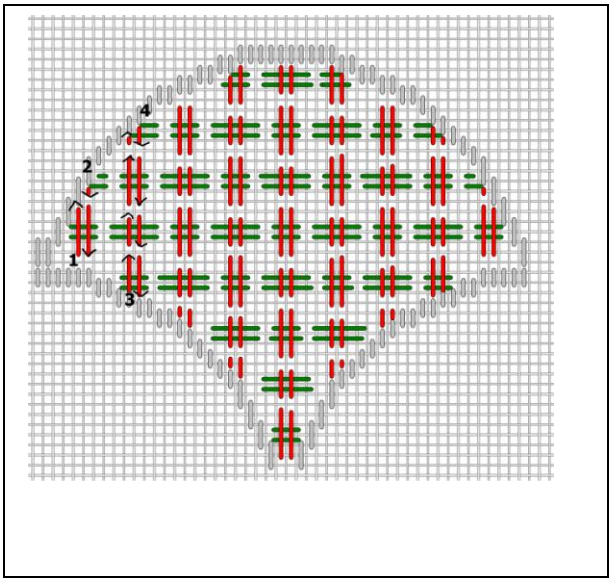
Red : V16 3 ply cotton

Running darning stitch vertically. Start at left side with up arrow 1, down arrows 2, up arrows 3, down arrows 4, etc.

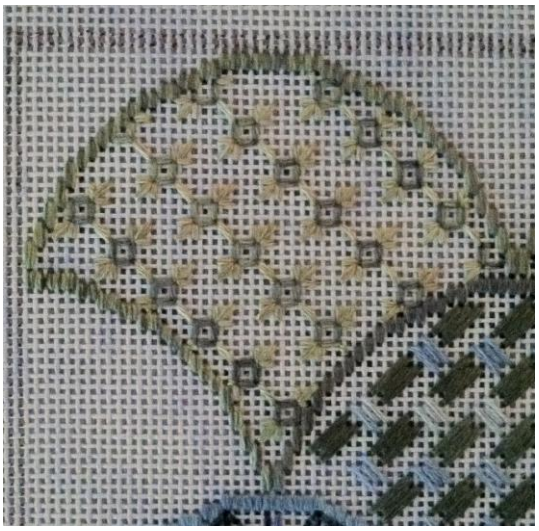
Step 1



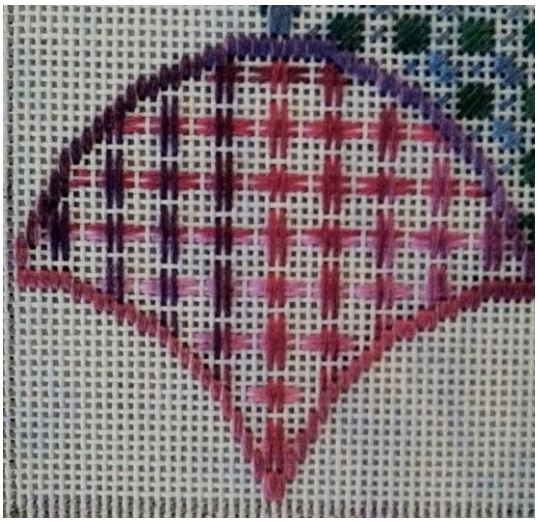
Step 2

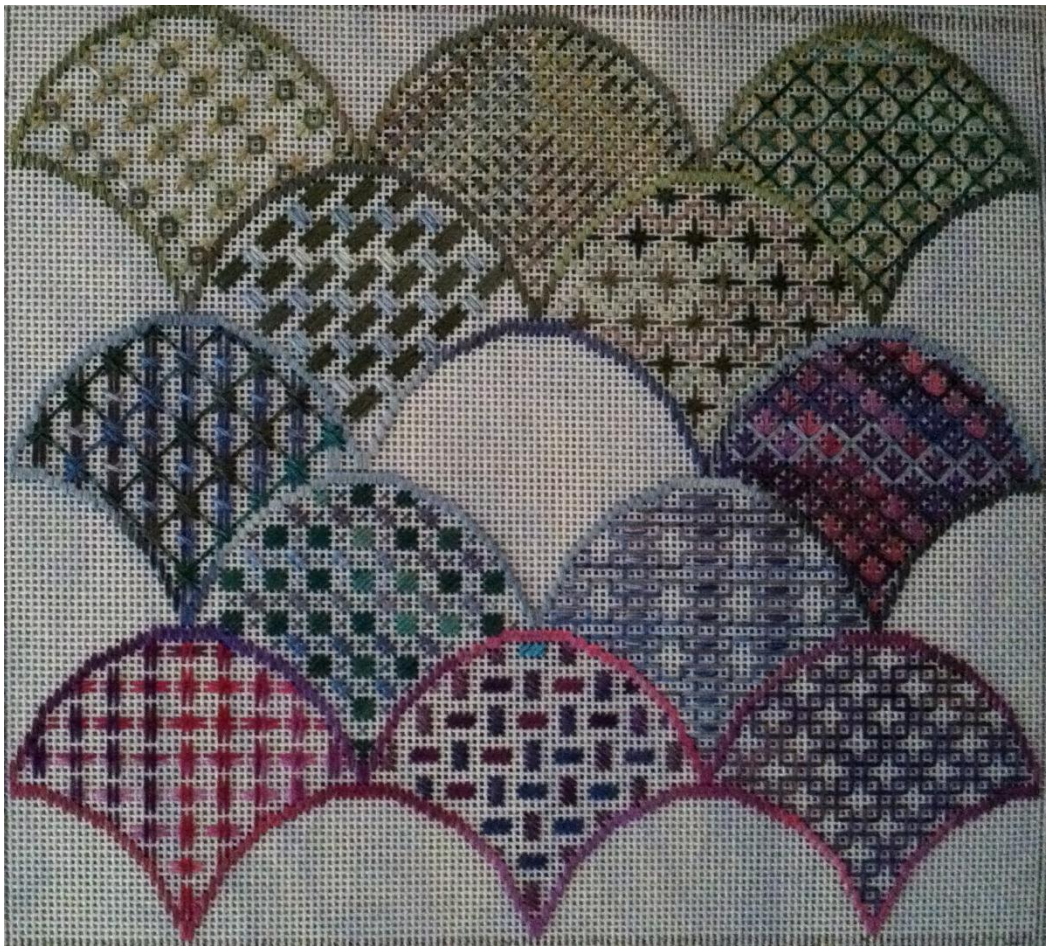


Shell 11



Shell 12





Best, My best friends are stitchers,

Kay @ Blue Dogwood Designs

Questions? Email me at Email@BlueDogwoodDesigns.com