

Sashiko Sampler

an original Needlepoint project from Blue Dogwood Designs



January 2014



January - first the shell outlines.

You can start this project with this instruction and monthly stitchguide free to download.

If you would like the canvas marked and ready to go, order here:

https://bluedogwooddesigns.com/featured_item/sashiko/

I am using Zweigart Vintage Blue 18 count canvas, which has a washed overdye look. Some of the canvas will show as the design continues.

Finished size is 8.25 in x 7.5 in on 18 count.

Fibers are from Valdani - they have 6 ply silk and 3 ply cotton, sold in small balls. Order from your LNS.

Have fun with this stitchguide or modify on your own.

This project will unfold over the next 12 months. The shell design is inspired by a traditional Sashiko pattern. The shells will be filled with designs inspired by blackwork, open work and lacey backgrounds. A sampler to try different patterns in tiny bits.



These are the threads - top row, middle row, bottom row make up the color ways.

The first column of balls on the far left are 6 ply silk used in the outline. Some balls are 3 ply cotton for something new.

The 4 columns of balls on the right will be used in the designs either by themselves or in combination with each other.

Full description with numbers are below. Each section is listed in order of this picture - left to right.

The stitched outline above uses the first ball on the left in each row... love the color change!

Order the Vintage Blue Zweigart canvas with the diagram marked in the ditch and ready to go on the website here: https://bluedogwooddesigns.com/featured_item/sashiko/

Since 2014, Valdani has discontinued a couple threads. Thread pack is now 10 balls. See the red notes in master list and red * below if still included.

You can use your own canvas and stitch the outline using the attached graph. The outline is stitched vertically "in the ditch" like bargello. Follow the graph and directions below. Follow along with each month as a new shell patterns are posted.

With a piece of canvas 12 inches wide and 11 inches high, mark a spot in the lower right corner that is 1.75 inches from the bottom and 2 inches from the right edge. That is the corner. **Then count 22 threads up to start the arc of the first shell.** Start with Color 1 beginning at that point and stitch to the left the pattern for the first row of curves - half arc, full arc, full arc, half arc. Using the Valdani overdye thread, you will see the color change. Stay with Color 1 and stitch back to the right the three full arcs.

Change to Color 2 and stitch the next two rows of arcs.
Change to Color 3 and stitch the top two rows of arcs.

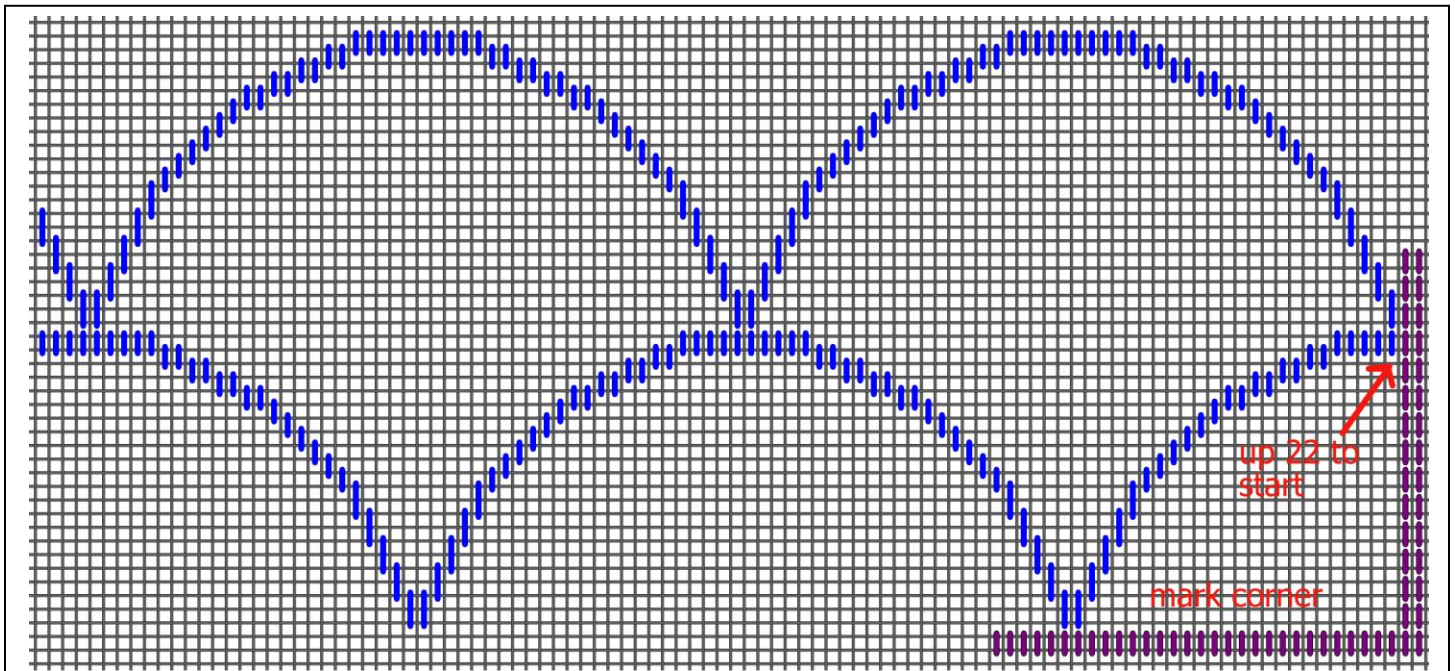
The perimeter outside edge border is not stitched yet - leave it undone. The only trick is looking at where the arcs end on the diagram and where the 2 rows of border join. The border is also stitched in the ditch over 2 - but don't stitch it just yet.

Fibers are from Valdani Threads, Canada. Check your local needlepoint store.

Three basic areas - top, middle and bottom.
Each has their own colorway - that starts with the outline to correspond to the colors as they change.

Outline Area	Threads by Valdani	Color	Name
Bottom outline Color 1	6 ply silk V16 use 5 of 6 ply (2017 use V16 cotton)	Pink-purple	
Middle outline Color 2	6 ply silk O537 use 5 of 6 ply *	Light blue-medium blue	
Top outline Color 3	6 ply silk O526 use 5 of 6 ply (2017 use O526 cotton)	green - teal	
Outside border Color 4			
	Pictured left to right in order		
Top section	6 ply silk O526 (2017 use O526 cotton)	Green-teal	
	3 strand cotton O526 *	Dark green	Green Pastures
	3 strand cotton JP9 (use O550 cotton)	Light green/gold	Herb Garden
	6 ply silk JP9 (use O550 cotton)	Light green gold	
	6 ply silk O39 (use O550 cotton)	Medium green	
Middle section	6 ply silk O537 *	blues	
	3 strand cotton M46 *	Medium blues	Denim Light
	3 strand cotton O550 *	greens	Caribbean Blue
	3 strand cotton M42 *	Light blues	Summer Sky
	3 strand cotton M30 *	Medium teals-green	Deep Waters
Lower section	6 ply silk V16 (use V16 cotton)	Pink-purple	
	3 strand cotton V16 *	Pink-purple	Violette di Parma
	3 strand cotton O562 *	purple	Horizon Storm
	3 strand cotton M33 *	Teal-pink-purple	Lollipop
	3 strand cotton V60 *	Pink-purple	Pinks & Purples

* Since 2014, Valdani has discontinued some threads. If ordering, Red and * indicates threads in the 10 pack.



This graph shows the bottom right corner and how the shells are stitched in the ditch - over 2 and 3 to create the arc. Use 5 of the 6 ply silk for this outline. See how the border joins, but do not stitch the border just yet.

The graph is not the full canvas but a zoomed in version of the bottom right corner to show edge, arcs and how they join. Use full color picture above for guidance.

WHERE TO START: With a piece of canvas 12 inches wide and 11 inches high, mark a spot in the lower right corner that is 1.75 inches from the bottom and 2 inches from the right edge. That is the corner. **Then count 22 threads up to start the arc of the first shell.** Start with Color 1 (use 5 of 6 ply) beginning at that point and stitch the arcs moving to the left for the first row of curves - half arc, full arc, full arc, half arc. Using the Valdani overdyed thread, you will see the color change. Stay with Color 1 and stitch back to the right the three full arcs. Use Color 2 from right side to left and back. Repeat with Color 3.

You can buy the marked outline canvas from www.BlueDogwoodDesigns.com on the Blue Vintage Zweigart canvas.

Best, My best friends are stitchers,

Kay @ Blue Dogwood Designs

Questions? Email me at Email@BlueDogwoodDesigns.com